

Visitor Guide Nakusp and Arrow Lakes

West Kootenay British Columbia ~ Canada

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Kootenay Rockies





N A K U S P

ARROW LAKES

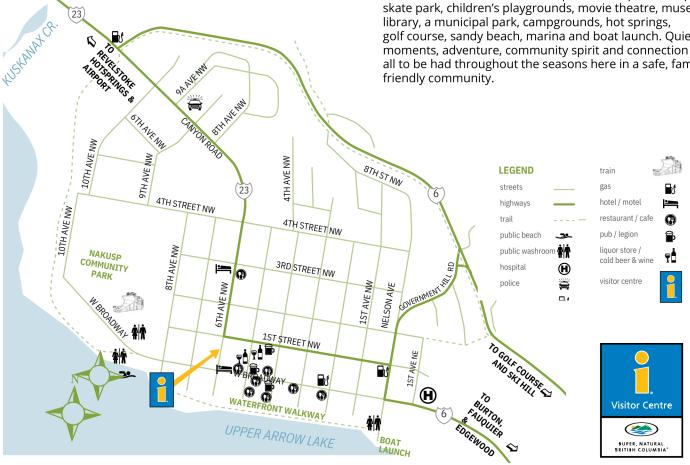
NAKUSPARROWLAKES.COM



Welcome

Nestled in a valley affording a view of three mountain ranges and the Upper Arrow Lake, this lakeside village offers a wide range of activities. Imagine lounging on the warm sand of the public beach, your skin soaking up the Kootenay sunshine, or finding that special treasure in one of the local shops. Hike or bike some of the trails and take yourself into the mountain wilderness. Experience the thrill of reeling in a big fish or diving into the cool water on a warm summer day.

Enjoy a soothing soak in the mineral waters of one of the hot springs at any time of year. Slow down, engage your senses as you stroll along the waterfront promenade, your eyes feasting on the gardens, local artwork and lake and mountain vistas. In the winter, Nakusp becomes a destination for heli-skiing and backcountry activities. Bring your family to the Summit Lake Ski Hill or sled your way up to timeless landscapes. Recharge and converse as you sip a latte while nibbling on homestyle baking at one of the coffee shops or recount the day's adventures over dinner at one of the restaurants. Nakusp boasts a sports complex, skate park, children's playgrounds, movie theatre, museum, library, a municipal park, campgrounds, hot springs, golf course, sandy beach, marina and boat launch. Quiet moments, adventure, community spirit and connection are all to be had throughout the seasons here in a safe, family-





Activities: Spring & Summer

- » The Arrow Lakes Valley is called the Valley of the Hot Springs. There are two developed hot springs and one wild spring that can be accessed by logging roads.
- » The Upper and Lower Arrow Lakes together are one of the longest lakes in Canada, stretching more than 200 km. They are known for some of the best trophy-class angling in the BC interior. Boat launches are available at different areas along the lakes.
- » A favourite boat outing is to Fosthall Falls on the west side of the lake. The falls are accessible by boat in high water and/or by a path that winds through a rainforest micro-climate that is partially created by the mist from the falls. There are several species of wild orchid along the path keep a sharp eye out for them!
- »Check out the Gerrard rainbow trout spawning early to mid May near Trout Lake. You won't find a larger rainbow trout anywhere in the world!
- »A great variety of hiking trails for all skill levels surround Nakusp: nakusptrails.ca. Nakusp Public Beach



»At Staubert Lake (just before Trout Lake) are some cedars between 500 and 800 years old. Walking in a rare first growth forest is a very special experience. Look for the Osprey nests on power poles along Hwy 6, one of the few areas in Western Canada where Osprey can be seen close up.

»Challenging and beautifully landscaped nine-hole golf courses are in Nakusp and Fauquier.

Toad Fest is a free, family event to raise awareness about western toads and to help a toadlet or two across the road. It happens in the beautiful setting of Summit Lake Provincial Park, about 15 minutes southeast of Nakusp. Drop in anytime but please do not move toadlets outside of this organized event! The event is usually mid to late August.

- The many campgrounds in the area are beautiful, with spacious treed lots.
- »Nakusp's Sports Complex offers two outdoor tennis courts as well as an indoor squash court and pickleball court.

For more information on any event and other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

"What a wonderful surprise this hideaway is for my friend and me! Nakusp is a lovely place to be. We will come again and then for a longer time."

~ Nola, Armstrong, BC

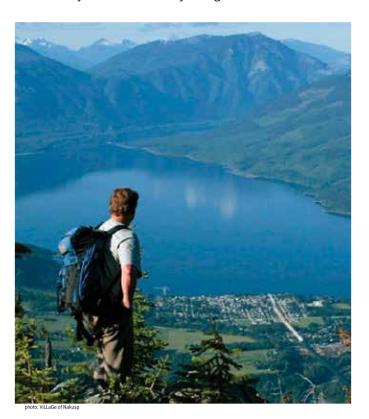


Activities: Fall & Winter

»Kokanee (land-locked salmon) spawn in late August/ early September in the larger tributaries of the Arrow Lake, including Kuskanax Creek and Caribou Creek.

»A variety of wild mushrooms pop up in the fall – make sure you have properly identified them before consuming!

»Few activities are as magical as sitting in the hot springs and looking out into a winter wonderland. The Kootenays are amongst the best known heli- and cat skiing places in the world. We have superb powder snow and magnificent high country bowls and trails for backcountry and cross country skiing.



»Summit Lake Ski & Snowboard Area is a familyoriented hill south of Nakusp, with 10 runs on 170 vertical metres. Food and rentals are available

»Deep snows draw snowmobilers for some of the best sledding available.

»Sports Complex: There is drop in curling, ice hockey, public skating and Pickleball.

For more information on any event and other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

"We took local advice and stopped to see the Kokanee Salmon spawning in the Glacier Park – what a sight! We also saw a number of black bears near Nakusp during our stay which was thrilling. Overall, we saw so much wildlife and the scenery was beautiful."

~ Julie & Edward, NY, USA

Hike and Ski Nakusp and area trails



photo: eric WaterfieLd



Events & Festivals

Spring & Summer (April 1 – August31)

Farmers' markets in downtown Nakusp on Saturdays, Burton on Sundays and Edgewood every second Saturday, with Denver's Centennial Park (10 am-5 pm). Check website for food, crafts and entertainment. Favourite gathering spots for locals and visitors.

Music in the Park is a free concert series in Nakusp every Wednesday at 6:30 pm in July and August at the gazebo.

Canada Day – celebrate with pancake breakfast, parade, games, live music, beer gardens and fireworks.

Slow Pitch Tournament with up to 30 teams on the August long weekend.

BeeCee Beamers annual BMW motorcycle gathering in Nakusp; Check website for dates: beeceebeemers.com.

Horizons Unlimited Motorcycle Travellers Meeting, 'The Premier Overland Adventure Travel Event' in Nakusp. Check website for dates:

horizonsunlimited.com.

Toad Fest at Summit Lake, mid to late August. nakusparrowlakes.com/calendar.



Fall & Winter (Sept. 1 - March 31)

Garlic Festival on the weekend after Labour Day at New details and dates: hillsgarlicfest.ca.

Celebration of Lights with a Santa Claus parade, Christmas displays, hot chocolate, food and music. Nakusp, early December. For more details and dates call our Visitor Centre at (250)265-4234 or visit nakusparrowlakes.com.

Blue Knuckle Fishing Derby in January. Fishing in the Upper Arrow Lakes at its best.

For more information on any event or other activities go to nakusparrowlakes.com or call our Visitor Centre at (250)265-4234.

Many events and festivals to enjoy . . .





Valley of Hot Springs

The Arrow Lakes Valley is called the Valley of the Hot Springs. There are three developed hot springs and one wild springs that can be accessed by logging roads. Highly recommended is the Hot Springs Circle Tour on the West Koot Route. These Hot Springs offer different settings, services and experiences.

Nakusp Hot Springs

Take your time on the 14 km scenic drive; stop at the Gardner Creek waterfalls (Victoria Falls) on the way. The hot springs are mineral-rich thermal waters in two pools surrounded by mountains and old growth forest. The friendly staff will make sure you have a pleasant experience. Soaking in the hot pool in the winter, with large snow flakes falling all around you, is a one-of-a-kind experience. Beautiful! From the parking lot a short walk takes you to the award-winning Kuskanax Creek Bridge, starting point of several hiking trails.

Halcyon Hot Springs Resort

Breathtaking views from all four pools. Spa, firstclass fine dining, accommodations, camping, fishing, boating, canoes and paddleboats. Halcyon hosts retreats, meetings, conventions and weddings.

"Amazingly peaceful. Exactly what we were looking for, quality rest and relaxation. Nakusp Hot Springs was a great experience. Thank you and see you again!"

~ Douglas & Tina, Calgary Alberta

Wellness

Nakusp and area has an energetic atmosphere of health and wellness with our clean air, simple living and hot springs. This attracts many people who are trained in many different healing practices such as Reflexology, massage and Thai massage, Touch for Health, chiropractic and rebalancing therapies, Chinese medicine and much more. To find out about local healers, drop into the health store Homegrown Market & Juice Bar at 320 Broadway Street or call (250) 265-3188.

Organic food and supplements are available in the Homegrown Market & Juice Bar, Save-on-Foods and at the various Farmers' Markets.

Halcyon Hot Springs





Heritage, Arts & Culture

The Nakusp Museum has a large and comprehensive display of First Nations artifacts. Mining, logging, farming and transportation history is documented in more than 5,000 items. Museum, archives and library are located right next to the Visitor Centre.

Arrow Lakes Historical Society archives are where you will find documentation of Nakusp pioneers' experiences. Photographs, interviews with old timers, and award-winning publications. alhs-archives.com.

Nakusp Rail Society Three restored pieces of Canadian Pacific Railway (CPR) rolling stock. 1921 snowplow, 1913 Jordon Spreader, 1977 Caboose. Rests in close proximity to the original Nakusp and Slocan Railway right of way.

Studio Connexion a Fine Arts Gallery in the heart of Nakusp, showcasing local talent and other artists from across Canada. Originally a boutique selling antique reproduction furniture, Studio Connexion evolved into a Fine Art Gallery which hosts a number of art exhibitions each year. It is a cultural space promoting visual art in the Arrow Lakes region and the West Kootenays.

The Arrow Lakes Theatre shows the latest movies, but dates are limited so don't hesitate. The theatre also has DVD rentals. Located at 90 - 4th Ave NW, Nakusp. 24-hr recorded movie information at 250-265-3700.

Arrow Lakes & District Arts Council Society hosts a concert series throughout the year with internationally acclaimed artists and local talent. For programming details check out their

website: arrowlakesartscouncil.webs.com.

Arrow Lakes Fine Art Guild (ALFA) Visit local businesses to admire and purchase artworks during the summer. Various artists showcase their work throughout

the year.

For more information on any event or other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

"Do we really have to leave? Nakusp is a little piece of paradise."

~ Carol & Mike, Toronto, ON



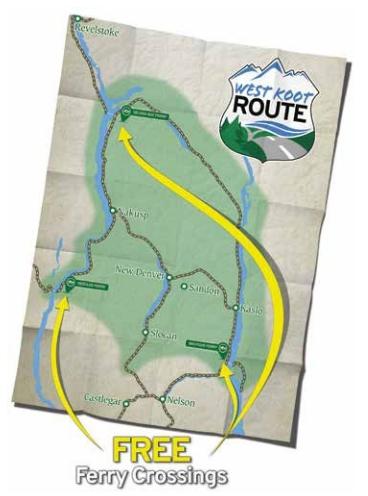
West Koot Route

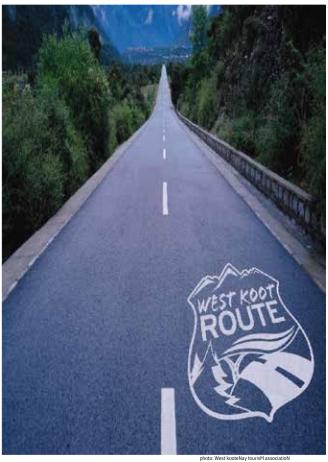
westkootroute.ca

In 2014, the 'West Koot Route' was created to define the area that includes the communities along the Arrow Lakes (Nakusp, Burton, Fauquier and Edgewood) as well as New Denver, Silverton, and Slocan City on Slocan Lake, Kaslo on Kootenay Lake, and Trout Lake City. From three sides visitors enter the region on ferries:



from the north (Revelstoke) at Shelter Bay; from the south (Vernon) at Needles and from the south/east (Creston) by the Balfour ferry. All ferry rides are FREE! The only fixed link is by travelling on Hwy 3A through Castlegar or Nelson. Simply follow the signs (WKR) and discover the West Koot Route.





West Koot Route

westkootroute.ca

Tour ideas:

*A day trip or the start of a longer trip will take you to New Denver, a quaint little village where you can stop for a coffee before the short car ride to Sandon, an abandoned silver town that had about 5,000 residents in its heyday. Sandoninthekootenays.ca

*Kaslo has an old sternwheeler, the SS Moyie—a museum that can be toured—that once plied the lake as the main form of transportation. Kaslo hosts an amazing jazz festival on the August long weekend and a full day of activities during Kaslo May Days.

*Valhalla Provincial Park is in the Slocan Valley and the vistas and hikes are endless.

nakusparrowlakes.com slocanlakechamber.com slocanvalley.com kaslo.com



WEST KOOT ROUTE

Circle tours & Day Trips:

*Take a hot springs tour and visit Nakusp Hot Springs, Halcyon and Half Way River Hot Springs on Hwy 23, and Ainsworth on Hwy 31 south of Kaslo.

*BC Motorcycle Tour – Nakusp, New Denver, Kaslo, Nelson following Hwy 6 back to Nakusp.

*North Loop (car or bicycle) — from Nakusp on Hwy 6 to New Denver, east on Hwy 31A to Kaslo, north on Hwy 31 to Trout Lake and back to Nakusp.

*Golf courses in Fauquier, Nakusp, New Denver, Winlaw and Kaslo.

*Nakusp to Vernon roundtrip is 388 km, through the Monashee mountain range, passing through Cherryville and Lumby.

Stop at any visitor centre and get the latest news on events and information for the region. Each community or Chamber of Commerce has its own website where you can get information to plan your adventure.





Trout Lake

Trout Lake is located about 60 km north-east of Nakusp. At the north end is Trout Lake City which, in the early 1900s, was a mining boomtown. Its heyday ran from around 1897 to 1907, when the population exceeded 2,000 souls. It now has only a handful of permanent residents, but a growing number of cabin owners who come for holidays.

At the other end of the lake is the now-abandoned town of Gerrard, the spawning ground of the Gerrard trout the largest rainbow trout anywhere in the world! Trout Lake is known for its great fishing, primarily Dolly Varden (bull) and Gerrard trout, and Kokanee salmon, but also for spectacular snowmobiling in the surrounding hills.



Edgewood

The friendly community of Edgewood is situated on the beautiful Lower Arrow Lake, 10 kilometres off Hwy 6 through a scenic valley dotted with farms.

Edgewood has a grocery store with gas, hardware and liquor, post office, credit union, a Health Centre staffed by an emergency RN, ambulance service, a campground on the lake, Internet café, a Legion open Saturdays September to June, building supply yard, sports ground and a summer Farmer's Market.

Numerous outdoor activities offer something for everyone: swimming, boating, canoeing, fishing in the Arrow and numerous small back country lakes, hiking, biking, bird watching and hunting.



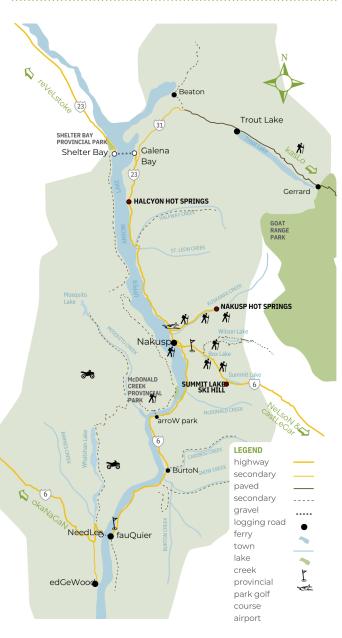








Nakusp and Arrow Lakes Regional Map









Burton, on the Lower Arrow Lake, is a quiet place to camp, paddle, swim, fish and enjoy nature. The Burton lakeside campground has spectacular views of several creek valleys. A vast estuary forms where these creeks empty into the lake, attracting shorebirds to the mudflats at low water. The community has a playground at the school, a park with a sports field, tennis court, pickle ball, equestrian grounds, a marina and boat launch, sandy beach and a few hiking trails in the vicinity. Enjoy the Burton City Daze activities in June and the Fall Fair at the end of August.





Fauquier

This community, a steamship landing in the mining boom days, was named for F.G. Fauquier, who was Gold Commissioner for the Arrow Lakes Mining Division about 1885. Present day Fauquier, the eastern landing site for the Needles Ferry, is a peaceful place to golf, fish and camp. A challenging nine-hole golf course runs along the beautiful shoreline of Lower Arrow Lake. Camp at Taite Creek provincial recreation site or at the local campground, stay at a B&B, cabin or motel. Join fellow anglers at the boat launch. The kids will enjoy the playground at Maple St. Park.





"We were very pleased to have spent some time at this lovely, quiet and peaceful place.

We plan to come back and stay longer."

~ George & Gerda, West Coast



Provincial Parks

https://bcparks.ca/ - to find more information on parks and their amenities

»McDonald Creek Provincial Park

mcdonaldcreek@westkootenayparks.com 10 min drive - (15km) south of Nakusp on Hwy. 6.

»Summit Lake Provincial Park

15 min drive – (18 km) southeast of Nakusp on Hwy. 6

»Shelter Bay Provincial Park

On Hwy. 23 by the Shelter Bay ferry terminal on Upper Arrow Lake, 50 km North of Nakusp

»Goat Range Provincial Park

70 min drive – (approx. 80 km) northeast of Nakusp,near Trout Lake

"Lucky circumstances brought us here. What a charming valley!"

~ Erika & Heinz, Berlin, Germany



Recreation Sites

There are 24 recreation sites in the Nakusp area. To get more information about them, go to https://www2.gov.bc.ca/gov/content/sports-culture/recreation/camping-hiking/sites-trails and search Nakusp.

The Nakusp & Area Community Trails Society

The mountains, valleys and alpine meadows of Nakusp and Arrow Lakes are ideal for outdoor experiences. There are eight trails, for every level of fitness and interest, managed by the Trail Society for the Ministry of Forests. Most are for hiking only, but some are also great for mountain biking, horseback riding and motorized use. Snowshoeing and cross-country skiing can also be enjoyed in the winter on some of the trails.

Most provide access to spectacular views of the Selkirk and Monashee Mountains and the Upper Arrow Lake and surrounding valleys.

All trails are near an active road or can easily be reached by logging roads which often take you close to the subalpine. For more detailed information and maps of all trails go to nakusptrails.ca, or visit our Visitor Centre.





Emergency Number

911

Non-Emergency Numbers

RCMP

250 265-3677 925 Hwy 23, Nakusp

Arrow Lakes Hospital

250 265-3622 97 - 1st Ave.NE, Nakusp

Ambulance 250 265-4877

Saddle Mountain Medical Clinic

250 265-3694 84 Broadway St., Nakusp

Nakusp Pharmachoice

250 265-2228 88 Broadway St., Nakusp

Fire Department

250 265-3563

Forest Fires

1 800 663-5555

Tourist Info

Nakusp Visitor Centre

1 800-909-8819 250 265-4234 fax: 250 265-3808 nakusp@telus.net nakusparrowlakes.com 92 - 6th Ave. NW, Nakusp

Administrative Offices

Nakusp Village Office

250 265-3689 nakusp.com



For any additions to this

guide please contact the Nakusp Visitor Centre

Nakusp@telus.net

Ph: 250-265-4234



DIRECTORY OF BUSINESSES

ACCOMMODATIONS

Brouse Creek B&B www.brousecreek.com 250 265-4625

Casa Mandala Guest House www.casamandala.ca 250 265-3288

KBR Campground www.kbrcampground.com 250 265-4212

Hummingbird Cabins 'n' Breakfast Lakeside cabins 50km S. of Nakusp 250 269-7641

Halcyon Hot Springs Village & Spa www.halcyon-hotsprings.com 1 888 689-4699

The Lodge at Arrow Lakes www.arrowlakeslodge.com 250-265-3618

Leland Hotel 250 265-4221

Murphy's Landing www.murphyslanding.ca 250 265-0020

Nakusp Hot Springs, Chalets & Campground www.nakusphotsprings.com 1 866 999-4528

Rock Island Resort www.rockisland.ca 250-814-7429

Riders Retreat www.ridersretreat.ca 250-265-8043 Selkirk Inn www.selkirkinn-nakusp.com 250-265-3666

Camp Valhalla On Summit Lake, near Nakusp, BC

ARTS & CULTURE

Arrow Lakes Historical Society www.alhs-archives.com 250 265-0110

Studio Connexion
203 5th Avenue NW 250-265-8888 **AUTOMOTIVE SERVICES** ...

Kal Tire www.kaltire.com

250 265-4155

CHURCHES

Saddleback Community Church 59 3rd St. NW 250 265-3113

HOT SPRINGS

Halcyon Hot Springs Village & Spa www.halcyon-hotsprings.com 1 888 689-4699

Nakusp Hot Springs, Chalets & Campground www.nakusphotsprings.com 1 866 999-4528

HEALTH & WELLNESS

Homegrown Market and Juice Bar 250-265-3188



DIRECTORY OF BUSINESSES

PET HEALTH

Pawsitiviy Pet Supply 312 Broadway St.

Nakusp Veterinary Clinic www.nakuspvet.ca

250 265-4442

REALTORS

Century 21 Mountainview Realty shirley@century21nakusp.com 250 265-8040 Coldwell Banker Rosling Real Estate rbalske@telus.net 250 265-0007 Royal LePage Selkirk Realty www.selkirkrealty.com 250 265-3635

RECREATION

Fauquier & District Golf Club www.fauquiergolf.com 250 269-7414

RESTAURANTS & CATERING

Halcyon Hot Springs Village & Spa www.halcyon-hotsprings.com 1 888 689-4699

The Lodge at Arrow Lakes 515 Broadway Street 1 800 663-0100 Leland Hotel

250 265-0078

Deb Guest Catering

250-265-3597 Three Lions Social House

401 Broadway St. 250-265-0090

The Hut

98 Broadway St. 250-265-4655

STORES & SERVICES

Bon Marché/Dollar Dollar

416 Broadway St. 250 265-3644

Jennifer Chocolates

#91 – 4th Ave. NW 250 265-1799

Nakusp General Store 302 Broadway Street

250 265-3444

Napa Auto Parts 250 265-3131

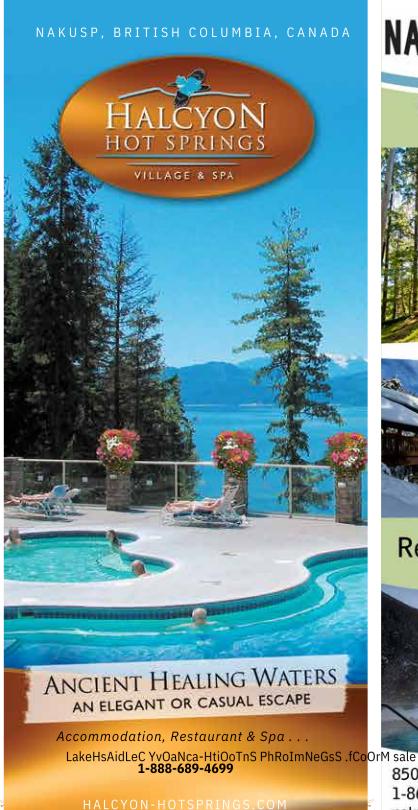
VISITOR SERVICES

Nakusp Visitor Information Centre www.nakusparrowlakes.com 250-265-4234 1 800 909-8819 92 6th Ave NW









NAKUSP HOT SPRINGS

CHALETS & CAMPGROUND



Relax. Refresh. Return.



8500 Hotsprings Road 1-866-999-4528 nakusphotsprings.com







