



## NAKUSP ARROW LAKES Winter Guide



## Welcome

Nakusp and Arrow Lakes is a spectacular winter mountain playground located in the West Kootenays. It is also known as “Valley of the Hot Springs”.

A visit in winter greets you with brilliant snow-covered mountains, a mild winter climate, and a lot of activities and events to take part in, such as snow-shoeing, skiing, snowmobiling, skating, curling and some of the best ice and open-water fishing in the area.

This area is known for its superb powder skiing and is among one of the best places in the world for heli- and cat-skiing.

There are also high-country bowls and trails for the back-country and cross-country enthusiast. Families can visit our Summit Lake Ski Hill and Snowboard Area which now offers a Tube Park for extra fun.

After a day out in the clean, crisp mountain air, enjoy a relaxing soak in one of our local Hot Springs. The Hot Springs in winter can be a truly magical experience. Sometimes you are lucky enough to have huge snowflakes falling all around you when you are sitting in the healing waters.

Don't want to play in the snow . . . no problem . . .

Nakusp's downtown area offers a selection of interesting retail stores, restaurants, coffee shops and bars, each reflecting the unique vision of the owner.

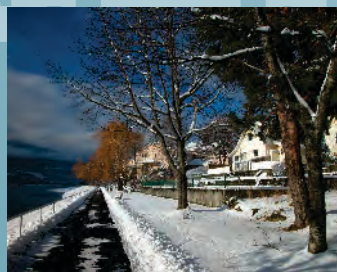


On weekends there is often live music at one of the local bars. We also have a public library, a museum, a movie theatre, a gym and many local artists' studios.



Lots for the Visitor to Do.

Nakusp also offers a variety of wonderful accommodations year round. Whether you prefer a full service hotel or a cozy cabin with a lake view, you will be pleased with the choices and charm our hosts can offer for your winter stay.



We look forward to your visit.  
Hope to see you soon!



World class Heli skiing  
Downhill skiing/snow boarding  
Cross country skiing  
Ski Touring  
Snowmobiling  
Open Water/ ice fishing

Hockey  
Public skating  
Figure skating  
Curling  
Gym

Hot springs  
Yoga  
Tai Chi  
Feldenkrais  
Massage

Restaurants  
Coffee shops  
Pubs / Live entertainment  
Unique stores

Galleries  
Museum  
Library  
Movie Cinema



Photo: Alexander Rauscher



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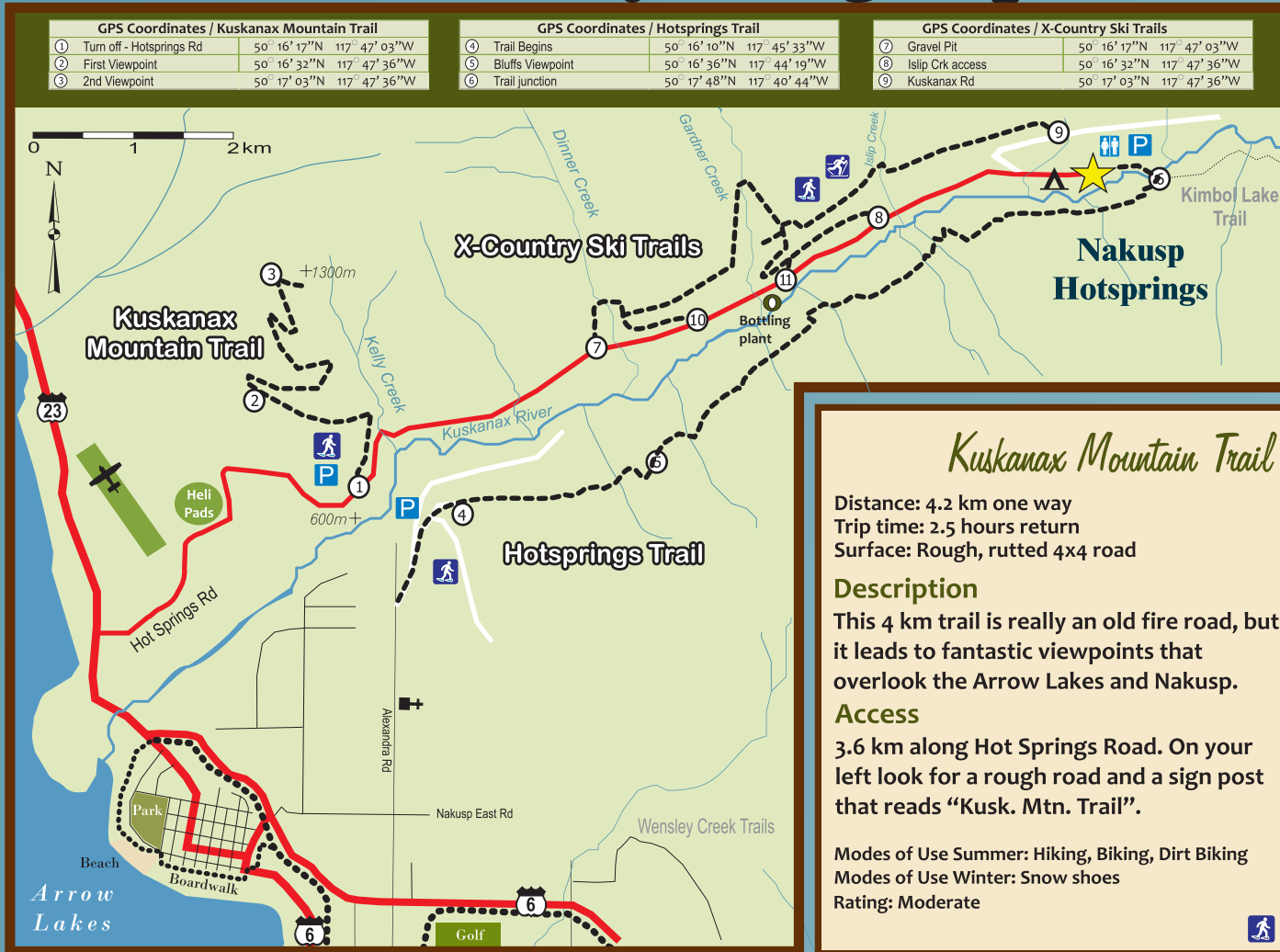
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Kootenay  
Rockies  
REGION





# Cross Country Skiing Maps



**Description**

Just outside of Nakusp lie the Wensley Creek Cross Country Ski Trails. There is 9.6 km of groomed track skiing for both beginner and intermediate skiers.

There is a First Aid survival kit at the junction. Whiskey Jack provides more intermediate skiing terrain. Taddy Cabin, (Point 2) a newly constructed warming hut, offers shelter for a lunch break with a stove for warmth and pit toilets nearby. Another First Aid survival kit is located at the cabin.

**Access**

Head south from Nakusp on Highway 6 toward Nelson for about 4 km, past the Nakusp Centennial Golf Course. Turn left on Upper Brouse Road, and follow it to the top through a series of turns until reaching the parking area for the trails.

**Rating: Easy**

## Winter conditions.....

Be prepared for winter driving conditions. Use winter tires, or carry chains. Please pay attention to wildlife warning signs. Do not feed wildlife. You are responsible for your own safety: please come prepared for winter wilderness conditions. We can be responsible trail users by sharing trails with other users.

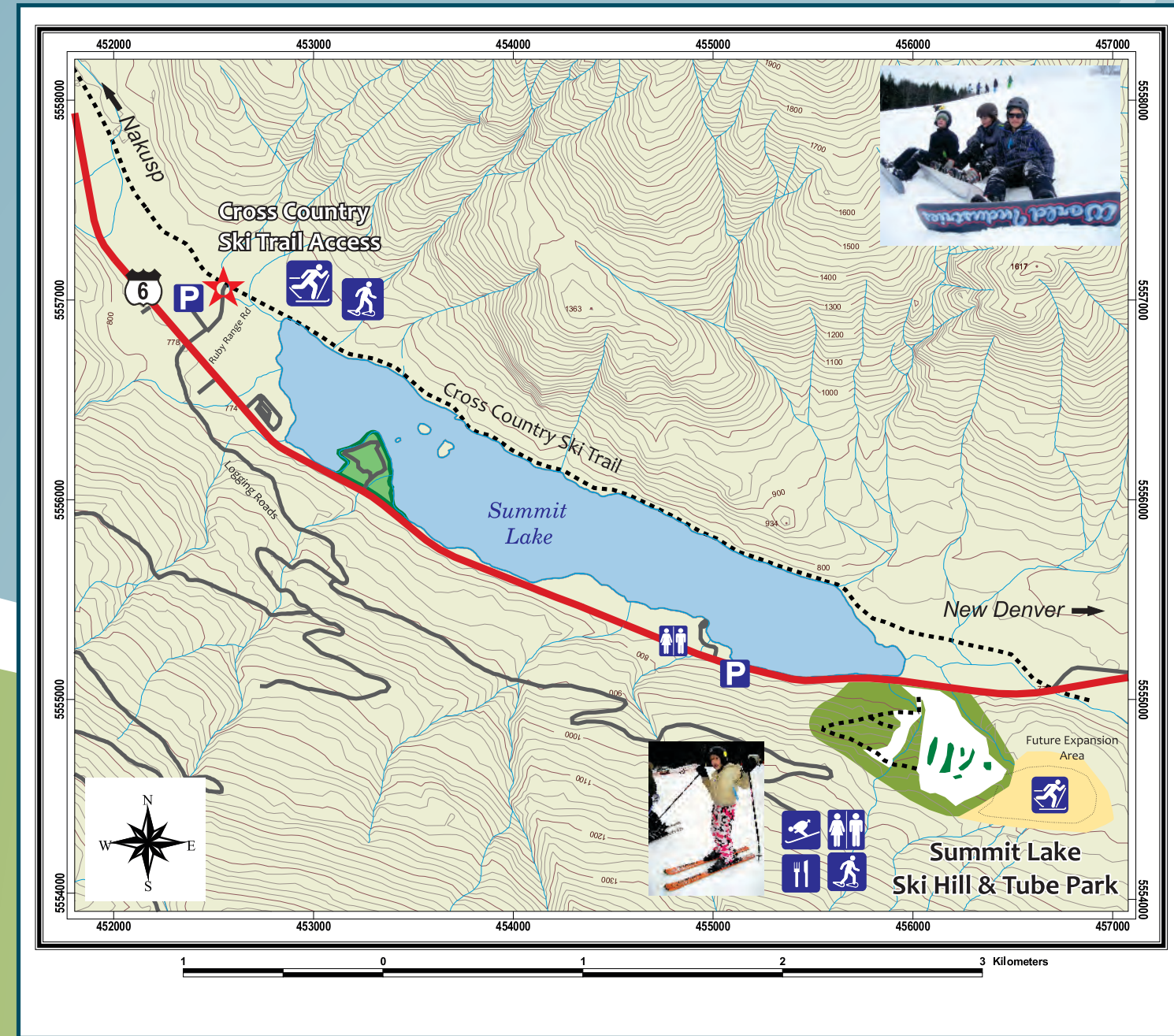
PLEASE PACK OUT WHAT YOU PACK IN.  
Be safe and enjoy.

**Summit Lake Recreation Area**  
*fun for the whole family!*

Just 15 minutes from Nakusp

Summit Lake Ski Hill and Tube Park. This hill is perfect for the whole family. Affordable, fun and the food is great.

Cross Country Ski trail. Ski right from Nakusp to Summit Lake. For a quick trip start at the access point and ski behind Summit Lake then enjoy some great treats at the ski hill after.



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The Winter Guide was produced for the Nakusp & District Chamber of Commerce. Designed by On the Marks Graphic Solutions Inc. For more information please visit: www.nakusparrowlakes.com

More Information at The Visitor's Centre  
1 800 909 8899 or 250 265 4234  
www.nakusparrowlakes.com

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