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NAKUSP GREENSCAPES LTD.

Visitor Guide *Nakusp and Arrow Lakes*

West Kootenay
British Columbia ~ Canada

Published by: Nakusp & District Chamber of Commerce

Kootenay
Rockies
REGION



N A K U S P
AND
ARROW LAKES

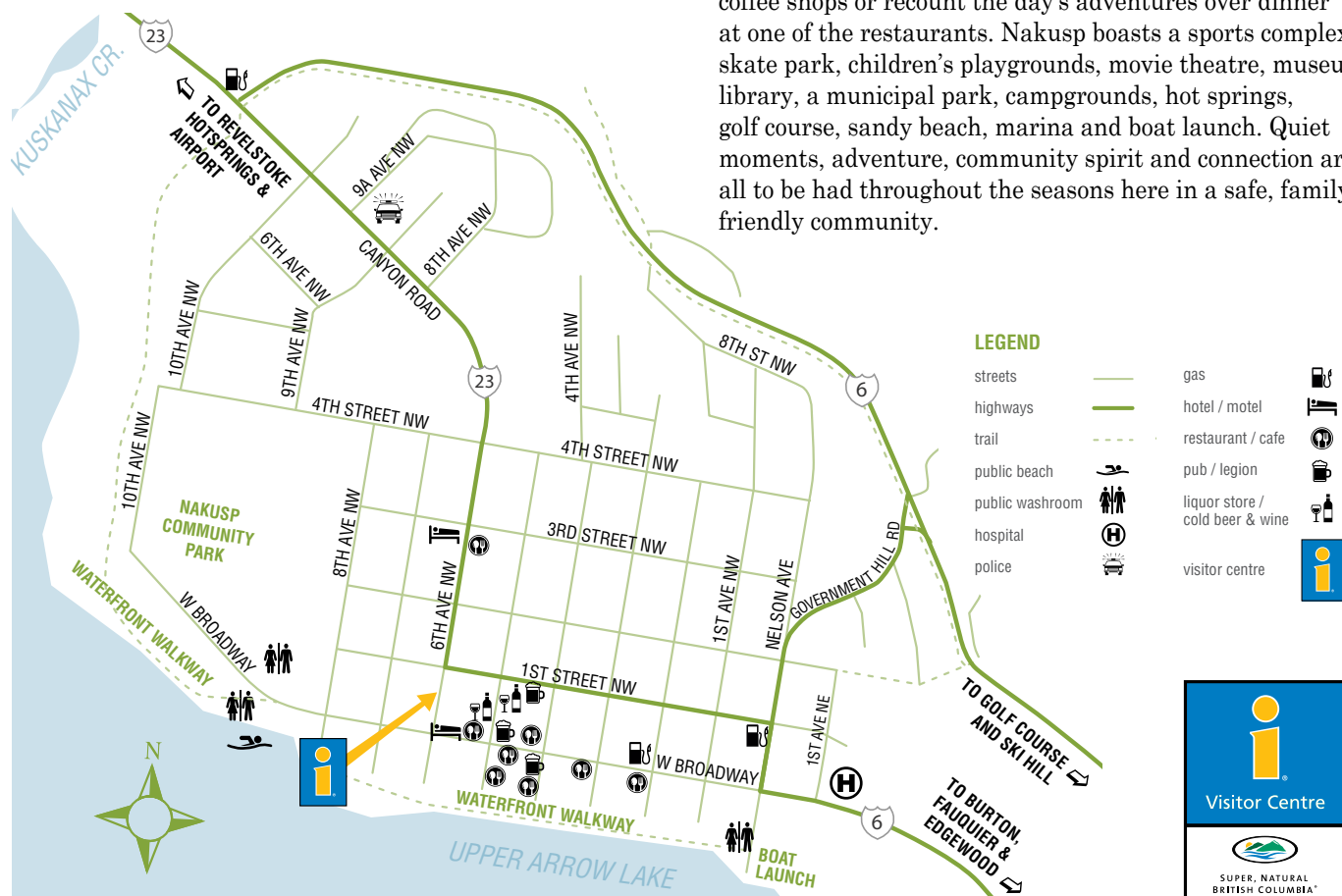
NAKUSPARROWLAKES.COM



WELCOME

Nestled in a valley affording a view of three mountain ranges and the Upper Arrow Lake, this lakeside village offers a wide range of activities. Imagine lounging on the warm sand of the public beach, your skin soaking up the Kootenay sunshine, or finding that special treasure in one of the local shops. Hike or bike some of the trails and take yourself into the mountain wilderness. Experience the thrill of reeling in a big fish or diving into the cool water on a warm summer day.

Enjoy a soothing soak in the mineral waters of one of the hot springs at any time of year. Slow down, engage your senses as you stroll along the waterfront promenade, your eyes feasting on the gardens, local artwork and lake and mountain vistas. In the winter, Nakusp becomes a destination for heli-skiing and backcountry activities. Bring your family to the Summit Lake Ski Hill or sled your way up to timeless landscapes. Recharge and converse as you sip a latte while nibbling on homestyle baking at one of the coffee shops or recount the day's adventures over dinner at one of the restaurants. Nakusp boasts a sports complex, skate park, children's playgrounds, movie theatre, museum, library, a municipal park, campgrounds, hot springs, golf course, sandy beach, marina and boat launch. Quiet moments, adventure, community spirit and connection are all to be had throughout the seasons here in a safe, family-friendly community.





ACTIVITIES: SPRING & SUMMER

» The Arrow Lakes Valley is called the Valley of the Hot Springs. There are two developed hot springs and two wild springs that can be accessed by logging roads.

» The Upper and Lower Arrow Lakes together are one of the longest lakes in Canada, stretching more than 200 km. They are known for some of the best trophy-class angling in the BC interior. There are boat launches, and fishing tours are available.

» A favourite boat outing is to Fosthall Falls on the west side of the lake. The falls are accessible by boat in high water and/or by a path that winds through a rainforest micro-climate that is partially created by the mist from the falls. There are several species of wild orchid along the path — keep a sharp eye out for them!

» Check out the Gerrard rainbow trout spawning early to mid May near Trout Lake. You won't find a larger rainbow trout anywhere in the world!

» A great variety of hiking trails for all skill levels surround Nakusp: nakusptrails.ca.

Nakusp Public Beach



» At Staubert Lake (just before Trout Lake) are some cedars between 500 and 800 years old. Walking in a rare first growth forest is a very special experience.

» Look for the Osprey nests on power poles along Hwy 6, one of the few areas in Western Canada where Osprey can be seen close up.

» Challenging and beautifully landscaped nine-hole golf courses are in Nakusp and Fauquier.

» Toad Fest is a free, family event to raise awareness about western toads and to help a toadlet or two across the road. It happens in the beautiful setting of Summit Lake Provincial Park, about 15 minutes southeast of Nakusp. Drop in anytime but please do not move toadlets outside of this organized event! The event is usually mid to late August.

» The many campgrounds in the area are beautiful, with spacious treed lots.

» Nakusp's Sports Complex offers two outdoor tennis courts as well as an indoor squash court.

» Art Walk is a self-guided tour in July & August, with 18 venues participating.

For more information on any event and other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

“What a wonderful surprise this hideaway is for my friend and me! Nakusp is a lovely place to be. We will come again and then for a longer time.”

~ Nola, Armstrong, BC



ACTIVITIES: FALL & WINTER

» Kokanee (land-locked salmon) spawn in late August/early September in the larger tributaries of the Arrow Lake, including Kuskanax Creek and Caribou Creek.

» A variety of wild mushrooms pop up in the fall – make sure you have properly identified them before consuming!

» Few activities are as magical as sitting in the hot springs and looking out into a winter wonderland.

» The Kootenays are amongst the best known heli- and cat skiing places in the world. We have superb powder snow and magnificent high country bowls and trails for backcountry and cross country skiing.



PHOTO: VILLAGE OF NAKUSP

» Summit Lake Ski & Snowboard Area is a family-oriented hill south of Nakusp, with 10 runs on 170 vertical metres. Food and rentals are available

» Deep snows draw snowmobilers for some of the best sledding available.

» Sports Complex: There is drop in curling, ice hockey and public skating.

For more information on any event and other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

“We took local advice and stopped to see the Kokanee Salmon spawning in the Glacier Park – what a sight! We also saw a number of black bears near Nakusp during our stay which was thrilling. Overall, we saw so much wildlife and the scenery was beautiful.”

~ Julie & Edward, NY, USA

Hike and Ski Nakusp and area trails



PHOTO: ERIC WATERFIELD



EVENTS & FESTIVALS

Spring & Summer (April 1 – August 31)

Farmers' markets in downtown Nakusp on Saturdays, Burton on Sundays and Edgewood every second Saturday, with food, crafts and entertainment. Favourite gathering spots for locals and visitors.

Music in the Park is a free concert series in Nakusp every Wednesday at 6:30 pm in July and August.

Canada Day – celebrate with pancake breakfast, parade, games, live music, beer gardens and fireworks.

Three Island Resort Campground at Summit Lake hosts an annual 10 km run the second Sunday in July, starting and ending at the resort. Call 250-265-3023 or email threeislandsresort@gmail.com for info.

Slow Pitch Tournament with up to 30 teams on the August long weekend.

BeeCee Beamers annual BMW motorcycle gathering in Nakusp; Check website for August dates: beeceebeamers.com.

Horizons Unlimited Motorcycle Travellers Meeting, 'The Premier Overland Adventure Travel Event' in Nakusp. Check website for August dates: horizonsunlimited.com.

Toad Fest at Summit Lake, mid to late August. See community calendar for dates: nakusparrowlakes.com/events-calendar.

Kootenay Sufferfest, Labour Day weekend. More info: kaslosufferfest.com



PHOTO: NAKUSP ROOTS MUSIC SOCIETY

Fall & Winter (Sept. 1 – March 31)

Garlic Festival on the weekend after Labour Day at New Denver's Centennial Park (10 am-5 pm). Check website for details and dates: hillsgarlicfest.ca.

Celebration of Lights with a Santa Claus parade, Christmas displays, hot chocolate, food and music. Nakusp, early December. For more details and dates call our Visitor Centre at (250) 265-4234 or visit nakusparrowlakes.com.

Blue Knuckle Fishing Derby in January. Fishing in the Upper Arrow Lakes at its best.

Nancy Green Race at Summit Lake Ski Hill in March. See website for details: skisummitlake.com

For more information on any event or other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

Many events and festivals to enjoy . . .



PHOTO: BARB HOUSTON





Valley of Hot Springs

The Arrow Lakes Valley is called the Valley of the Hot Springs. There are three developed hot springs and two wild springs that can be accessed by logging roads.

A number of natural, undeveloped hot springs can be reached on foot in the summer, or on snowshoes or skis in the winter. These pools are sought out by the more adventurous enthusiasts. Ask the locals for directions!

Highly recommended is the Hot Springs Circle Tour on the West Koot Route. These Hot Springs offer different settings, services and experiences.

NAKUSP HOT SPRINGS

Take your time on the 14 km scenic drive; stop at the Gardner Creek waterfalls (Victoria Falls) on the way. The hot springs are mineral-rich thermal waters in two pools surrounded by mountains and old growth forest. The friendly staff will make sure you have a pleasant experience. Soaking in the hot pool in the winter, with large snow flakes falling all around you, is a one-of-a-kind experience. Beautiful!

From the parking lot a short walk takes you to the award-winning Kuskanax Creek Bridge, starting point of several hiking trails.

HALCYON HOT SPRINGS VILLAGE & SPA

Breathtaking views from all four pools. Spa, first-class fine dining, accommodations, camping, fishing, boating, canoes and paddleboats. Halcyon hosts retreats, meetings, conventions and weddings.

“Amazingly peaceful. Exactly what we were looking for, quality rest and relaxation. Nakusp Hot Springs was a great experience. Thank you and see you again!”

~ Douglas & Tina, Calgary Alberta

Wellness

Nakusp and area has an energetic atmosphere of health and wellness with our clean air, simple living and hot springs. This attracts many people who are trained in many different healing practices such as Reflexology, massage and Thai massage, Touch for Health, chiropractic and rebalancing therapies, Chinese medicine and much more. To find out about local healers, drop into the health store Homegrown Market & Juice Bar at 320 Broadway Street or call (250) 265-3188.

We also have NaCoMo Wellness Centre that offers classes in yoga, Feldenkrais movement, Bellyfit, belly dancing, Zumba, African drumming and much more. The centre also holds dance lessons and healing workshops. For more information and scheduling, go to their website: nacomo.ca.

Organic food and supplements are available in the Homegrown Market & Juice Bar, Overwaitea and at the various Farmers' Markets.

Halcyon Hot Springs





HERITAGE, ARTS & CULTURE

The Nakusp Museum has a large and comprehensive display of First Nations artifacts. Mining, logging, farming and transportation history is documented in more than 5,000 items. Museum, archives and library are located right next to the Visitor Centre.

Arrow Lakes Historical Society archives are where you will find documentation of Nakusp pioneers' experiences. Photographs, interviews with old timers, and award-winning publications. alhs-archives.com.



The Arrow Lakes Theatre shows the latest movies, but dates are limited so don't hesitate. The theatre has soft and hard ice cream, cold drinks, snacks, a coffee shop and DVD rentals. Located at 90 - 4th Ave NW, Nakusp. 24-hr recorded movie information at 250-265-3700.

Arrow Lakes Arts Council hosts a concert series throughout the year with internationally acclaimed artists and local talent. For programming details check out their website: arrowlakesartscouncil.webs.com.

Arrow Lakes Fine Art Guild (ALFA) Visit local businesses to admire and purchase artworks during Art Walk on Saturdays in summer. Various artists showcase their work throughout the year.

For more information on any event or other activities go to nakusparrowlakes.com or call our Visitor Centre at (250) 265-4234.

"Do we really have to leave? Nakusp is a little piece of paradise."

~ Carol & Mike, Toronto, ON



PHOTO: DEB BOOTH PHOTOGRAPHY



WEST KOOT ROUTE

WESTKOOTROUTE.CA

In 2014, the 'West Koot Route' was created to define the area that includes the communities along the Arrow Lakes (Nakusp, Burton, Fauquier and Edgewood) as well as New Denver, Silverton, and Slocan City on Slocan Lake, Kaslo on Kootenay Lake, and Trout Lake City. From three sides visitors enter the region on ferries:

from the north (Revelstoke) at Shelter Bay; from the south (Vernon) at Needles and from the south/east (Creston) by the Balfour ferry. All ferry rides are FREE! The only fixed link is by travelling on Hwy 3A through Castlegar or Nelson. Simply follow the signs (WKR) and discover the West Koot Route.

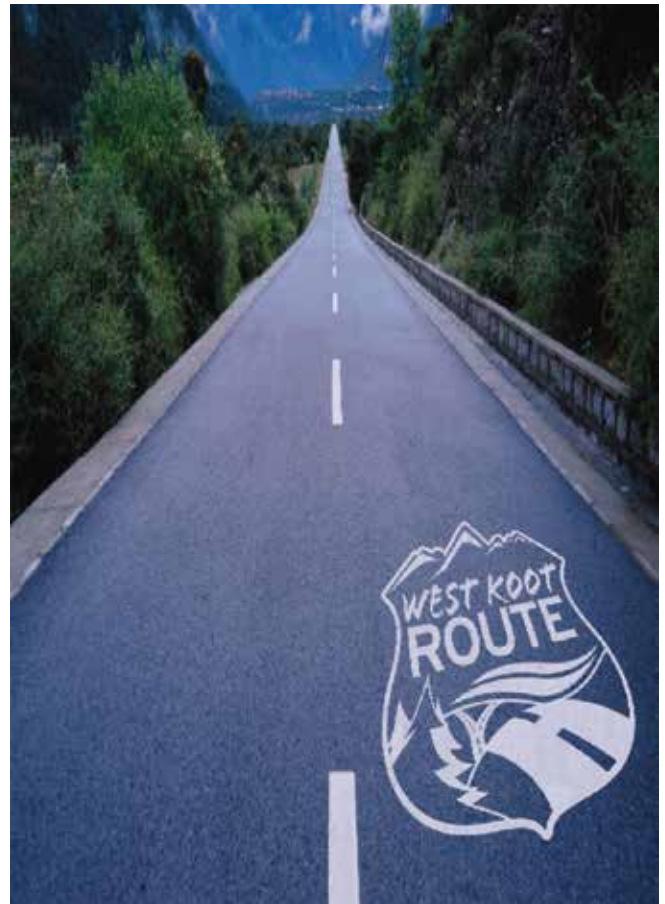
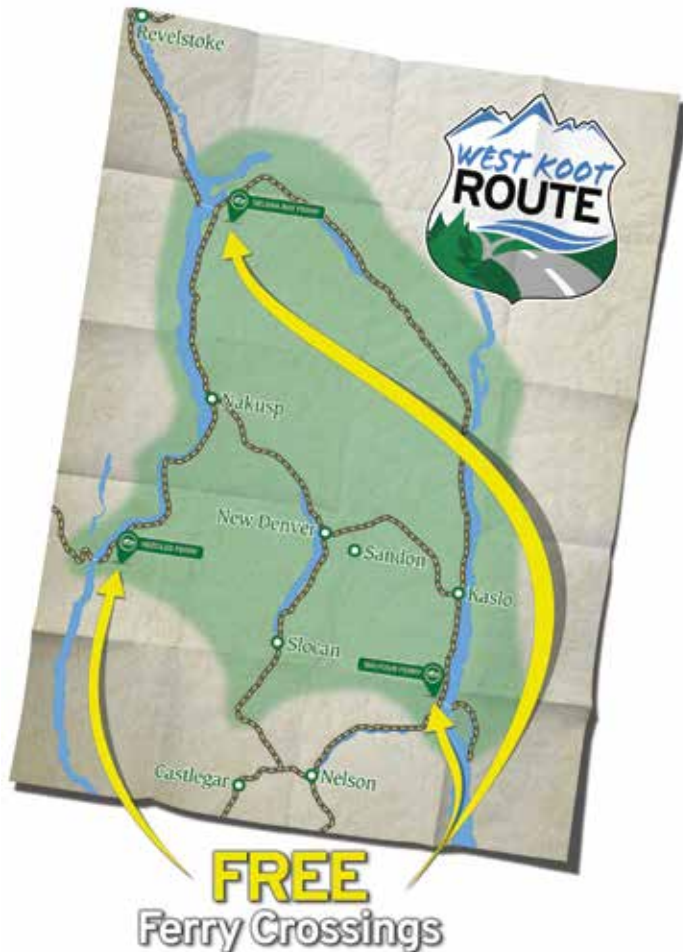


PHOTO: WEST KOOTENAY TOURISM ASSOCIATION

WEST KOOT ROUTE

WESTKOOTROUTE.CA

TOUR IDEAS:

- * A day trip or the start of a longer trip will take you to New Denver, a quaint little village where you can stop for a coffee before the short car ride to Sandon, an abandoned silver town that had about 5,000 residents in its heyday.
- * Kaslo has an old sternwheeler, the SS Moyie—a museum that can be toured—that once plied the lake as the main form of transportation. Kaslo hosts an amazing jazz festival on the August long weekend.
- * Valhalla Provincial Park is in the Slocan Valley and the vistas and hikes are endless.
- * Kootenay Sufferfest running and biking multi-day races – you will want to know more about this: kaslosufferfest.com.

NAKUSPARROWLAKES.COM
SLOCANLAKECHAMBER.COM
SLOCANVALLEY.COM
KASLO.COM



PHOTO: WEST KOOTENAY TOURISM ASSOCIATION



CIRCLE TOURS & DAY TRIPS:

- * Take a hot springs tour and visit Nakusp Hot Springs and Halcyon on Hwy 23, and Ainsworth on Hwy 31 south of Kaslo.
- * BC Motorcycle Tour – Nakusp, New Denver, Kaslo, Nelson following Hwy 6 back to Nakusp.
- * North Loop (car or bicycle) — from Nakusp on Hwy 6 to New Denver, east on Hwy 31A to Kaslo, north on Hwy 31 to Trout Lake and back to Nakusp.
- * Golf courses in Fauquier, Nakusp, New Denver, Winlaw and Kaslo.
- * Nakusp to Vernon roundtrip is 388 km, through the Monashee mountain range, passing through Cherryville and Lumby. Don't forget to buy some gouda cheese in Cherryville.

STOP AT ANY VISITOR CENTRE AND GET THE LATEST NEWS ON EVENTS AND INFORMATION FOR THE REGION. EACH COMMUNITY OR CHAMBER OF COMMERCE HAS ITS OWN WEBSITE WHERE YOU CAN GET INFORMATION TO PLAN YOUR ADVENTURE.



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Trout Lake

Trout Lake is located about 60 km north-east of Nakusp. At the north end is Trout Lake City which, in the early 1900s, was a mining boomtown. Its heyday ran from around 1897 to 1907, when the population exceeded 2,000 souls. It now has only a handful of permanent residents, but a growing number of cabin owners who come for holidays.

At the other end of the lake is the now-abandoned town of Gerrard, the spawning ground of the Gerrard trout — the largest rainbow trout anywhere in the world! Trout Lake is known for its great fishing, primarily Dolly Varden (bull) and Gerrard trout, and Kokanee salmon, but also for spectacular snowmobiling in the surrounding hills.



Edgewood

The friendly community of Edgewood is situated on the beautiful Lower Arrow Lake, 10 kilometres off Hwy 6 through a scenic valley dotted with farms.

Edgewood has a grocery store with gas, hardware and liquor, post office, credit union, a Health Centre staffed by an emergency RN, ambulance service, a campground on the lake, Internet café, a Legion open Saturdays September to June, building supply yard, sports ground and a summer Farmer's Market every second Saturday.

Numerous outdoor activities offer something for everyone: swimming, boating, canoeing, fishing in the Arrow and numerous small back country lakes, hiking, biking, bird watching and hunting.



Nakusp and Arrow Lakes Regional Map

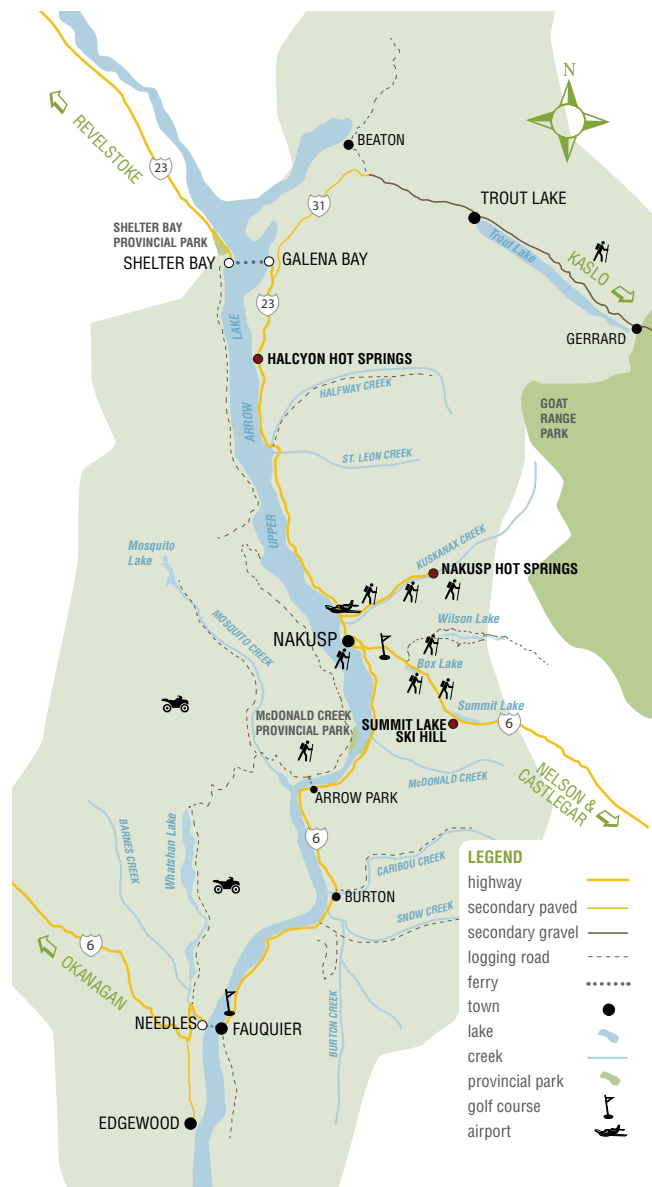




PHOTO: KIM TAYLOR



Burton

Burton, on the Lower Arrow Lake, is a quiet place to camp, paddle, swim, fish and enjoy nature. The Burton lakeside campground has spectacular views of several creek valleys. A vast estuary forms where these creeks empty into the lake, attracting shorebirds to the mudflats at low water. The community has a playground at the school, a park with a sports field, tennis court, pickle ball, equestrian grounds, a marina and boat launch, sandy beach and a few hiking trails in the vicinity. Enjoy the Burton City Daze activities in June (the weekend after Father's Day) and the Fall Fair at the end of August.



Fauquier

This community, a steamship landing in the mining boom days, was named for F.G. Fauquier, who was Gold Commissioner for the Arrow Lakes Mining Division about 1885. Present day Fauquier, the eastern landing site for the Needles Ferry, is a peaceful place to golf, fish and camp. A challenging nine-hole golf course runs along the beautiful shoreline of Lower Arrow Lake. Camp at Taite Creek provincial recreation site or at the local campground, stay at a B&B, cabin or motel. Join fellow anglers at the boat launch. The kids will enjoy the playground at Maple St. Park.



"We were very pleased to have spent some time at this lovely, quiet and peaceful place.

We plan to come back and stay longer."

~ George & Gerda, West Coast



Provincial Parks

env.gov.bc.ca/bcparks/ - to find more information on parks and their amenities

» McDONALD CREEK PROVINCIAL PARK

Toll-free 1 866 937-5734 or 250 265-3592

mcdonaldcreek@westkootenayparks.com

10 min drive - (15km) south of Nakusp on Hwy. 6.

» SUMMIT LAKE PROVINCIAL PARK

15 min drive – (18 km) southeast of Nakusp on Hwy. 6

» SHELTER BAY PROVINCIAL PARK

westkootenayparks.com

On Hwy. 23 by the Shelter Bay ferry terminal on Upper Arrow Lake, 50 km North of Nakusp

» GOAT RANGE PROVINCIAL PARK

env.gov.bc.ca/bcparks/explore/parkpgs/goat_range/

70 min drive – (approx. 80 km) northeast of Nakusp, near Trout Lake

*“Lucky circumstances brought us here.
What a charming valley!”*

~ Erika & Heinz, Berlin, Germany



PHOTO: TRISH HUESKENS

Recreation Sites

There are 24 recreation sites in the Nakusp area. To get more information about them, go to sitesandtrailsbc.ca and search Nakusp.

The Nakusp & Area Community Trails Society

The mountains, valleys and alpine meadows of Nakusp and Arrow Lakes are ideal for outdoor experiences. There are eight trails, for every level of fitness and interest, managed by the Trail Society for the Ministry of Forests. Most are for hiking only, but some are also great for mountain biking, horseback riding and motorized use. Snowshoeing and cross-country skiing can also be enjoyed in the winter on some of the trails.

Most provide access to spectacular views of the Selkirk and Monashee Mountains and the Upper Arrow Lake and surrounding valleys.

All trails are near an active road or can easily be reached by logging roads which often take you close to the subalpine. For more detailed information and maps of all trails go to nakusptrails.ca, or visit our Visitor Centre.





Emergency Number

911

Non-Emergency Numbers

RCMP

250 265-3677 925 Hwy 23, Nakusp

ARROW LAKES HOSPITAL

250 265-3622 97 - 1st Ave.NE, Nakusp

AMBULANCE

250 265-4877

SADDLE MOUNTAIN MEDICAL CLINIC

250 265-3694 84 Broadway St., Nakusp

SADDLE MOUNTAIN DENTAL CLINIC

250 265-9993 86 Broadway St., Nakusp

PEOPLES PHARMACY

250 265-2228 88 Broadway St., Nakusp

FIRE DEPARTMENT

250 265-3563

FOREST FIRES

1 800 663-5555

Tourist Info

NAKUSP VISITOR CENTRE

1 800-909-8819 250 265-4234 fax: 250 265-3808

nakusp@telus.net nakusparrowlakes.com

92 - 6th Ave. NW, Nakusp

Administrative Offices

NAKUSP VILLAGE OFFICE

250 265-3689 nakusp.com



PHOTO: CRYSTAL VOLANSKI



PHOTO: CRYSTAL VOLANSKI

Credits

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bigbrowneyes.ca

PRINT

Wayside Press

waysideco.ca

ACCOMMODATIONS

An Inn for Two www.innfortwo.com	250 269-7134
Bear Ridge Cabins www.bearridgecabins.ca	250 265-3702
Brouse Creek B&B www.brousecreek.com	250 265-4625
Canyon Court Motel www.canyoncourtmotor.com	250 265-3737
Casa Mandala Guest House www.casamandala.ca	250 265-3288
Coachman Campground www.coachmancampground.com	250 265-4212
Cozy Cabin B&B cozycab@telus.net	250 265-3049
Fauquier Hummingbird Cabins 'n' Breakfast Lakeside cabins 50km S. of Nakusp	250 269-7641
Halcyon Hot Springs Village & Spa www.halcyon-hotspots.com	1 888 689-4699
Huckleberry Inn www.huckinn.com	1 888 287-9297
K2 Rotor Lodge www.cmhk2rotorlodge.com	1 800 663-0100
Lakeview Guest House www.bbcanda.com/lakeview	250 265-4541
Leland Hotel www.lelandhotelnakusp.com	250 265-4221
Murphy's Landing www.murphyslanding.net	250 265-0020
Nakusp Hot Springs, Chalets & Campground www.nakusphtsprings.com	1 866 999-4528
Queen Anne Turret B&B www.bbcanda.com	250 265-0121
Rock Island Resort www.rockisland.ca	1 888 264-0040

Selkirk Inn
www.selkirkinn-nakusp.com 1 800 661-8007

Serenity Views
www.serenityviews.ca 250 265-3893

Three Islands Resort Campground
On Summit Lake, near Nakusp, BC 250 265-3023

ARTS & CULTURE

Arrow Lakes Historical Society
www.alhs-archives.com 250 265-0110

Deb's Photography & Framing
www.facebook.com/debboothphoto 250 265-3045

AUTOMOTIVE SERVICES

Kal Tire
www.kaltire.com 250 265-4155

CHURCHES

Saddleback Community Church
59 3rd St. NW 250 265-3113

HOT SPRINGS

Halcyon Hot Springs Village & Spa
www.halcyon-hotspots.com 1 888 689-4699

Nakusp Hot Springs, Chalets & Campground
www.nakusphtsprings.com 1 866 999-4528

HEALTH & WELLNESS

Halcyon Hot Springs Village & Spa
www.halcyon-hotspots.com 1 888 689-4699



PET HEALTH

Dogsense Boutique
312 Broadway St. 250 265-0091

Nakusp Veterinary Clinic
www.nakuspsvet.ca 250 265-4442

REALTORS

Century 21 Mountainview Realty
shirley@century21nakusp.com 250 265-8040

Coldwell Banker Rosling Real Estate
rbalske@telus.net 250 265-0007

Royal LePage Selkirk Realty
www.selkirkrealty.com 250 265-3635

RECREATION

Charlie Horse Shoeing & Equine Adventures
Charmed1charlie@gmail.com 250 265-9989

Nakusp Centennial Golf Club
www.nakuspgolf.com 250 265-4531

RESTAURANTS & CATERING

Halcyon Hot Springs Village & Spa
www.halcyon-hotsprings.com 1 888 689-4699

K2 Rotor Lodge
515 Broadway Street 1 800 663-0100

Leland Hotel
www.lelandhotelnakusp.com 250 265-0078

Paddy Shack
502 Highway 6 250 265-3255

STORES & SERVICES

Bon Marché/Dollar Dollar
416 Broadway St. 250 265-3644

Jennifer Chocolates
#91 – 4th Ave. NW 250 265-1799

Nakusp General Store (2010)
302 Broadway Street 250 265-3444

KNC Construction Ltd.
knishida@columbiacable.net 250 265-3361

VISITOR SERVICES

Nakusp Visitor Information Centre
www.nakusparrowlakes.com 1 800 909-8819



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